



Old MacDonald's Farm

Bever Park



Minimum \$1 donation appreciated

Old MacDonald's Farm in Bever Park is operated by Cedar Rapids Parks & Recreation. Located on the southeast side of Cedar Rapids, it is a free petting farm that is open to the public and features farm animals and North American waterfowl. This city landmark is over 100 years old and is enjoyed by people of all ages.

Events

STORY TIME WITH ANIMALS (0-5 yrs. with Parent)

Drop in and listen to a new story each week while sitting with the animals at the farm! Bring a blanket or chair to sit on.

F 5/17, 5/31, 6/14, 6/28, 7/12, 7/26,
10:30am 8/9, 8/23, 9/6, 9/20
FREE Old MacDonald's Farm Barn

CHALK THE FARM (All Ages)

Help celebrate the opening of the farm by decorating the sidewalks! Draw pictures or a hopscotch board -- use your imagination!

M 5/6 10am-2pm
FREE Old MacDonald's Farm

NEW BUBBLE MANIA (All Ages)

Experience a tornado of bubbles at Old MacDonald's Farm! Pop your way through the farm as you visit the animals.

F 6/21 10am-12pm
FREE Old MacDonald's Farm

FIELD DAY (All Ages)

Come to the farm for a fun, traditional field day! There will be no shortage of games, activities, and races at this free event!

Sa 7/13 10am-2pm
FREE* Old MacDonald's Farm
*\$1 donation at the entrance is appreciated

MOVIE NIGHT AT THE FARM (All Ages)

Bring the whole family to the farm's amphitheater for a movie beginning at sunset. Feel free to come early and play with all the cute farm animals. Bring your own non-alcoholic drinks and snacks.

Migration F 9/6 8pm
FREE Old MacDonald's Farm

COUNTY FAIR (All Ages)

Come to the farm and experience a fair setting with hay rack rides, booths, scavenger hunt, pie-eating contest, and lots more.

Sa 9/28 10am-2pm
FREE* Old MacDonald's Farm
*A \$1 donation at the entrance is appreciated

Fitness | Health

NEW BREAKFAST HIKE

(18+ yrs.)

Meet at the Mt. Trashmore recreation building and start your day with a nice group hike up Mt. Trashmore. Hike up and rest while you enjoy the view, then head back down for a light breakfast. On arrival, each participant will need to sign a waiver at the kiosk.

#318132-01	Sa	4/20	8:30-10am
#318132-02	Sa	5/18	8:30-10am
#118132-01	Sa	6/15	8:30-10am
#118132-02	Sa	7/20	8:30-10am
#118132-03	Sa	8/17	8:30-10am

\$11 (R \$10) Mt. Trashmore

NEW FULL MOON HIKE

(All Ages - Under 18 with Adult)

Enjoy a beautiful and easy evening hike on the Sac and Fox Trail to see the Pink Moon. Meet at the trailhead at Prairie Park Fishery. It could be chilly, so remember to wear warm clothes.

#318123-01	Su	4/21	8:30-10pm
------------	----	------	-----------

\$7 (R \$6) Prairie Park, 2125 Otis Rd. SE

NEW HOWL AT THE MOON RUN

(All Ages)

Meet at the Prairie Park Fishery trailhead and jog or run the 1.7-mile paved trail around the lake at your own pace. Make a second lap to complete just over a 5K. Bring a head lamp if you want.

#118133-01	Th	5/23	8:30-9:30pm
------------	----	------	-------------

\$11 (R \$10) Prairie Park Fishery Trail

NEW MEAL PREPPING

(16+ yrs.)

Make your meal planning easy with the help of HyVee dieticians! Enjoy the benefits of time and cost savings by planning your meals. Fill your body with nourishing foods throughout the week. Learn tips and tricks to stay on track with your goals.

#118134-01	Th	8/22	6-7pm
------------	----	------	-------

\$11 (R \$10) Jones Lodge

POUND®

(16+ yrs.)

Looking for a fun, full body Pound® workout? Don't just listen to the music, become the music! This exhilarating, full body workout combines, cardio, conditioning, and strength training with yoga and pilates inspired movements. The workouts are easily modified and welcoming for men and women of all ages and fitness levels. Come let loose, get energized, tone up, and rock out!

#118116-01	M	7/1-7/29	7-8pm
------------	---	----------	-------

\$19 (R \$15) Jones Lodge

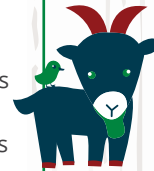
NEW YOGA IN THE PARK

(18+ yrs.)

This inclusive and accessible outdoor yoga class, offered in partnership with Heat Yoga, is for practitioners of all experience levels. Enjoy a unique and rejuvenating class that blends the benefits of yoga with the beauty of nature.

#118135-01	Sa	6/1-8/31	9:30-10:30am
------------	----	----------	--------------

\$42 (R \$35) Noelridge Gardens



GOAT YOGA PARTIES

Need to let go and escape the usual routine with some friends, colleagues, or family? A Goat Yoga party may be the perfect option for you!

Fun and laughter are the foundation of this unusual yoga class where you can interact with these smart and social animals.

Parties for ages 13 and up are available June - August. Fee is \$150 for a one-hour class. Please wear appropriate clothing and bring your own mat or towel. Call 319-286-5763 to set up your party or to discuss a different age range. Reservations are required two weeks in advance.

BIRTHDAY PARTIES

The first hour of your party will be a guided farm tour with a party host. In this hour, you will have hands-on contact with the animals and will be able to feed them as well. The second hour will be free time at the pavilion near the duck exhibit. The birthday child will receive a gift. Bring your own cake, snacks, and beverages. Two-hour party reservations are available May 6 - September 29 and can be scheduled between 10 a.m. and 6 p.m. Call 319-286-5763 to set up your party.

Reservations are required two weeks in advance. Fee is \$175 per two-hour period and includes pavilion reservation and farm tour. Non-refundable.

GROUP TOURS

One-hour guided and unguided group tours of the farm are available by **appointment only** for all groups, including school groups and day cares. Guided tours are \$4 per person and available weekdays between the hours of 9 a.m. and 3 p.m. Each participant receives in-depth, hands-on experience with the animals. Call 319-286-5763 to schedule your tour.

OLD MACDONALD'S FARM MARKET

The open-air Farmers' Market is moving from Noelridge Park to Bever Park! Come to the market this summer in front of Old MacDonald's Farm every Wednesday, from 4-6 p.m., June 5 - September 25. Vendor space is available. Please contact Cathy Scanlon, 319-286-5699 or c.scanlon@cedar-rapids.org.

Wednesday | 4 - 6 p.m.

W.I.C.

Some vendors are certified by the Iowa State Agriculture Department to accept IFMNP checks from the WIC Program. The WIC Program's function is to supply supplemental foods rich in nutrients to women, infants and children in need. These checks are used in city farmers' markets to purchase fruits and vegetables.

SENIOR PROGRAM

To enroll in the Senior Program for the farmers' markets, call the Heritage Agency on Aging at 319-398-5559 for more details.

Goat Yoga at Old MacDonald's Farm

GOAT YOGA

(13+ yrs.)

Let go, have fun, and interact with these smart and social farm animals in this unusual and fun yoga class. Fun and laughter are the foundation of this mind, body and goat class! **Be sure to wear appropriate clothing and bring your own mat or towel.**



#113111-01	Sa	6/22	9-10am
#113111-02	W	7/24	5:30-6:30pm
\$15 (R \$14)			Old MacDonald's Farm Barn

ADULT/CHILD GOAT YOGA

(6+ yrs. with Adult)

How can you make exercise more fun? Do it with your kids and ours! **Wear loose and comfortable clothing that can get dirty and bring your own mat or towel.** You may register more than one child.

#113110-01	Adult \$15 (R \$14)
#113110-02	Child \$8 (R \$7)
W	6/5 5:30-6:30pm
Old MacDonald's Farm Barn	
#113110-03	Adult \$15 (R \$14)
#113110-04	Child \$8 (R \$7)
Sa	6/8 9-10am
Old MacDonald's Farm Barn	
#113110-05	Adult \$15 (R \$14)
#113110-06	Child \$8 (R \$7)
W	6/19 5:30-6:30pm
Old MacDonald's Farm Barn	
#113110-07	Adult \$15 (R \$14)
#113110-08	Child \$8 (R \$7)
W	7/3 5:30-6:30pm
Old MacDonald's Farm Barn	
#113110-09	Adult \$15 (R \$14)
#113110-10	Child \$8 (R \$7)
Sa	7/20 9-10am
Old MacDonald's Farm Barn	
#113110-11	Adult \$15 (R \$14)
#113110-12	Child \$8 (R \$7)
W	8/7 5:30-6:30pm
Old MacDonald's Farm Barn	
#113110-13	Adult \$15 (R \$14)
#113110-14	Child \$8 (R \$7)
Sa	8/10 9-10am
Old MacDonald's Farm Barn	
#113110-15	Adult \$15 (R \$14)
#113110-16	Child \$8 (R \$7)
W	8/21 5:30-6:30pm
Old MacDonald's Farm Barn	
#113110-17	Adult \$15 (R \$14)
#113110-18	Child \$8 (R \$7)
W	8/28 5:30-6:30pm
Old MacDonald's Farm Barn	

Ushers Ferry

HISTORIC VILLAGE

TOURS

CURATOR'S TOUR OF USHERS FERRY

(All Ages)

Do you have a group of family or friends who want to dive deeper into our local history? Take a special fully-guided tour of Ushers Ferry with the curator and learn the real history behind the village homes and businesses - from the early pioneers who settled Linn County to the later waves of immigrants who left their unique mark on Cedar Rapids. This is a great opportunity to understand Iowa's local history and culture from the working class point of view. Tours are available May through October by appointment. Call 319-286-5699 for pricing and to reserve your tour.



NEW HISTORY TO YOU: SENIOR TRAVELING TRUNK PROGRAM

(18+ yrs.)

Too cold to venture outdoors? Let Ushers Ferry bring history to you! This traveling trunk and lecture program is for senior living and memory care facilities. The hour-long program features a short talk with an Ushers Ferry interpreter and a trunk full of durable objects from days gone by that are sure to spark memories, stories, and fun! Play an old-fashioned game, touch and feel clothes and tools from the past, and more. The program is available November through May by appointment. Call 319-286-5699 for pricing and to schedule.

SENIOR "STEP-ON" TOUR

(18+ yrs.)

Looking for a place to take your senior group or assisted living residents with mobility issues? Ushers Ferry Historic Village now offers "step-on" guided tours by appointment. Stop by the Visitor Center to meet your "step-on" guide and tour the village from the comfort of your own bus. Following your tour, your group has the option to explore one of the fully-accessible buildings and to share a Q & A with the guide. Tours are available May through October by appointment. Call 319-286-5699 to reserve your tour.

\$4/person Ushers Ferry

PlayCR

SPRING - SUMMER 2024

YOUTH ACTIVITIES • 26

MASTER GARDENERS | ISU
MINI CAMPS • 28

FOR KIDS ONLY! DAY CAMP • 29

ADVENTURE CAMPS • 30

SNAPOLOGY STEAM CAMPS • 32

FAMILY ACTIVITIES • 32

ADULT | TEEN ACTIVITIES • 33

BOOMERS & BEYOND • 33

ARCHERY | KARATE | DANCE • 34

NORTHWEST REC CENTER • 35

FITNESS | HEALTH • 36

FARMERS' MARKET • 36

OLD MACDONALD'S FARM • 37

GOAT YOGA • 38

USHERS FERRY • 39

THERAPEUTIC RECREATION • 40

SPORTS • 41

GOLF • 46

SWIMMING • 47

NOELRIDGE GREENHOUSE • 60

PARKS • 60

FACILITY RENTALS • 61

REGISTRATION INFO • 63

FINANCIAL ASSISTANCE PROGRAM: RecAssist

A discount is available for those who qualify on recreational programs and swim passes.

► For more information on guidelines and to apply, go to CityofCR.com/RecAssist.

CONNECT WITH CR PARKS & REC

 Cedar Rapids
Parks & Recreation

 CityofCR

 CR News Now
Text / Email Alerts

 Play! Times
Email Newsletter

CityofCR.com/Subscribe



ACTIVE CHOICE
Choose A High
Activity Program



Young Learners

ANIMALS ON THE FARM

(3-7 yrs. with or without Adult)

Get creative while learning the types of animals on the farm. Study a new animal each week and make a craft resembling the theme. Songs, sounds, and activities will be a part of each class. Wear your old clothes!

#113107-01 Tu 6/4-6/25 10:15-11am

#113107-02 Tu 7/9-7/30 10:15-11am

\$37 (R \$30) Old MacDonald's Farm Barn

PLAY, MUSIC AND FUN

(1-3 yrs. with Adult)

Learn fun songs and finger plays with your child. Introduce them to simple rhythm instruments in a fun group setting. This is a high-energy class with concentration on motor skill activities.

#310102-03 W 4/3-5/8 9:30-10:15am

\$41 (R \$34) NW Rec



SUPPORT YOUR PARKS

<https://crparkfoundation.org>



Activities

WALK LIKE A DUCK, QUACK LIKE A DUCK

(3-6 yrs.)

Learn about our local waterfowl with a behind-the-scenes, up-close look at the Waterfowl Exhibit at Old MacDonald's Farm! Learn basic facts about ducks, like how they live and eat, and make a fun craft. Parents welcome.

#113115-01 W 6/19 10:15-11am
 #113115-02 W 8/7 10:15-11am
 \$8 (R \$7) Duck Pond Pavilion, Bever

Youth

BUILD A BIRDHOUSE

(8-10 yrs.)

Come to Old MacDonald's Farm and build and paint your very own birdhouse! All supplies will be provided.

#113117-01 W 7/17 1:30-2:30pm
 \$25 (R \$21) Duck Pond Pavilion, Bever

MAKE A WIND CHIME

(8-12 yrs.)

Make your own wind chime at Old MacDonald's Farm! Combine wind power and art to create your personal chime. All supplies will be provided.

#113119-01 W 7/24 1:30-2:30pm
 \$32 (R \$25) Duck Pond Pavilion, Bever

CREEK STUDY AND YOU

(8-11 yrs.)

This program is sponsored by CR Parks & Recreation, Linn County Conservation, and the Iowa DNR. Discover the living creatures in the stream at Bever Park. Learn about plant and critter life and practice fishing. Bring a lunch not requiring refrigeration and water. Dress to wade in the stream.

#113106-01 Th 6/13 10am-1pm
 \$20 (R \$16) Duck Pond Pavilion, Bever

FARMER FOR A DAY

(6-10 yrs.)

Put on old clothes, tennis shoes, or boots, and find out more about the animals at Old MacDonald's Farm. Learn how to care for them and what goes on at the farm each day with hands-on activities. Pick a day or sign up for multiple sessions.

#113102-01 W 6/12 8-9:30am
 #113102-02 Th 6/13 8-9:30am
 #113102-03 Th 6/20 8-9:30am
 #113102-04 Th 6/27 8-9:30am
 #113102-05 W 7/10 8-9:30am
 #113102-06 Th 7/11 8-9:30am
 #113102-07 Th 7/18 8-9:30am
 #113102-08 Th 7/25 8-9:30am
 #113102-09 W 7/31 8-9:30am
 #113102-10 Th 8/1 8-9:30am
 #113102-11 Th 8/8 8-9:30am
 #113102-12 Sa 8/17 8-9:30am
 #113102-13 Sa 8/24 8-9:30am
 #113102-14 Sa 8/31 8-9:30am
 \$37 (R \$30) Old MacDonald's Farm

FUN WITH ART

(5-9 yrs.)

Explore mixing multiple media. Painting, drawing, chalk, charcoal, gooey substances, and found objects will be used to create fun and imaginative forms, constructions and paintings.

#103205-01 Th 6/13-7/25 5:15-6:15pm
 \$61 (R \$53) NW Rec

FUZZY, FURRY, SLIMY, SCALY

(8-11 yrs.)

Explore the group of animals called vertebrates by comparing mammals, birds, reptiles, fishes, and amphibians with live creatures and hands-on examples. This program is sponsored by CR Parks & Recreation, Linn County Conservation, and the Iowa DNR. Bring water and a lunch that doesn't require refrigeration. Dress to wade in the stream.

#113103-01 Th 6/20 10am-1pm
 \$20 (R \$16) Duck Pond Pavilion, Bever

NEW SNAPOLOGY AMUSEMENT PARK ENGINEERING

(7-12 yrs.)

Design your own amusement park! Learn how to use LEGO® bricks and other building materials to make coasters and other awesome rides.

#310115-01 M 4/1-4/29 6-7pm
 \$70 NW Rec

NEW SNAPOLOGY ROBLOX

(5-12 yrs.)

Explore Roblox™ adventures using LEGO® bricks and creating games! From designing an Obby to building 3-D character skin, you will be fully immersed in the gameplay and game design world of Roblox™!

#310114-01 M 4/1-4/29 5-6pm
 \$60 NW Rec

NEW VISIT THE PUTNAM MUSEUM (10-12 yrs.)

Ride along with us to the Putnam Museum and Science Center in Davenport! Discover and learn new things with hands-on exhibits and galleries. Bring money for lunch/drink at the museum or pack a sack lunch that doesn't require refrigeration.

Register by 7/25.

#113126-01 F 8/2 9:30am-5:30pm
 \$78 (R \$70) Depart/Return: Old MacDonald's Farm parking lot, Bever



Master Gardeners Mini Camps

NEW BEGINNING GARDENING FOR ADULTS

(16+ yrs.)

Are you new to gardening and want to grow flowers and/or vegetables? Learn the basics in this clinic for beginners. You will receive a packet of seeds and a plant to get you started.

#113120-01 M 5/20 5:30-7pm
\$13 (R \$12) Red Oak Pavilion, Bever

MAKE A BEE HOUSE

(7-10 yrs.)

Bees are important pollinators! Have you ever heard of a Mason Bee? Learn more about them and other common Iowa bees, then make your very own Mason Bee house!

#114129-01 M 6/10 9:30-11am
\$13 (R \$12) Duck Pond Pavilion, Bever

NEW GARDENING FOR BIRDS, BEES, AND BUTTERFLIES

(18+ yrs.)

It's important to provide for birds, bees, and butterflies in our home gardens to facilitate pollination of our plants as well as provide habitat for our friends in nature. Learn a variety of ways to give them these essential resources with a focus on good plants for your backyard garden.

#113127-01 M 6/17 5:30-7pm
\$13 (R \$12) Red Oak Pavilion, Bever

GARDEN ROCK CRITTERS

(7-10 yrs.)

Discover the beneficial critters in our gardens, then paint a rock to look like a garden bug -- maybe a ladybug, monarch caterpillar, or a bee. Take your rock critter home and put it in your garden.

#113121-01 M 6/24 9:30-11am
\$13 (R \$12) Duck Pond Pavilion, Bever

NEW FAIRY GARDENS

(7-10 yrs.)

Want to lure magical fairies to your home? Find out all about fairy gardens and see a variety of examples. Make your very own fairy garden to take home!

#113128-01 M 7/8 9:30-11am
\$27 (R \$23) Duck Pond Pavilion, Bever

NEW THE MIGHTY MONARCH

(7-10 yrs.)

Learn about the life cycle of a monarch from egg to adult butterfly! Find out about the importance of these insects and the host plants and nectar plants that are needed to attract them to your yard. Go on a caterpillar hunt and take one home to "grow," with your parent's permission.

#114128-01 M 7/22 9:30-11am
\$13 (R \$12) Duck Pond Pavilion, Bever

NEW COMPOSTING ADVENTURE

(7-10 yrs.)

Do you know what can be composted and what can't? What is vermicomposting? Come learn how to turn your kitchen and garden scraps into wonderful soil! Prepare a tub with wigglers that may be taken home to use for composting.

#113129-01 M 8/5 9:30-11am
\$13 (R \$12) Duck Pond Pavilion, Bever

NEW LET'S MAKE SALSA

(7-10 yrs.)

Make your own salsa with fresh garden produce. Learn about kitchen safety while preparing your salsa. Then, eat it or take it home to share with your family.

#113123-01 M 8/12 9:30-11am
\$13 (R \$12) Duck Pond Pavilion, Bever

NEW GARDENING AS WE AGE

(50+ yrs.)

Gardening provides many health benefits as we get older. Learn about these benefits and get tips for successful gardening and information on vertical gardening, good tools, and more.

#113130-01 M 8/19 10:30am-12pm
\$13 (R \$12) Red Oak Pavilion, Bever

ISU EXTENSION MINI CAMPS

Register at
www.extension.iastate.edu/linn/summer-programs

Questions?

linn4h@iastate.edu | 319-377-9839

NEW ROBO-CHALLENGE

(8-12 yrs.)

Meet robots, Dot and Dash, and their bee bot friends and help them navigate tricky situations. Put on your problem solving hat and learn how to code your way through a challenge.

W 7/10 9am-3pm \$30 NW Rec

NEW PLANTING CURIOSITY

(5-8 yrs.)

Discover the origins of food and the processes that plants depend on to grow and thrive. Through hands-on activities, learn about Earth's resources all around you. You might just have to plant a garden after this camp!

Th 7/11 9am-3pm \$30 NW Rec

NEW FIZZ, BUBBLE, GOO

(5-8 yrs.)

Come and explore the wonders of science by creating amazing chemistry experiments with everyday materials. Watch them fizz, bubble, and goo! Learn about matter and its three states, make slime, and observe chemical and physical changes.

W 8/7 9am-3pm \$30 NW Rec

NEW ON THEIR OWN AND OKAY (9-11 yrs.)

This camp builds skills in youth and incorporates ways for adults in the home to support this step towards independence. Youth, with adequate education from parents, teachers, and community partners can develop their self-care skills to make good decisions and be safe while staying home alone.

Th 8/8 9am-3pm \$30 NW Rec